



What are the *Head to the Heart* Home Journals?

The *Head to the Heart* Home Journals are a great way to do *Head to the Heart* Ministry. They enhance your *Head to the Heart* ministry by helping connect the ministry to the home.

About the Journals

Head to the Heart Home Journals have been specifically designed to help take your *Head to the Heart* (H2H) ministry to the next level by connecting confirmation at church with the faith conversation at home every night of the week.

Faith Inkubators Australia is working with the original Faith Inkubators US journals reworking their three (A4 size) Living Journal series into nine (student diary size) journals. The first five journals are *Martin Luther and the Small Catechism*, *The Apostles Creed*, *Lutheran Life*, *The Ten Commandments* and *Hot Topics*. Each journal contains ten (10) thematic lessons that parallel H2H confirmation, and can be used as a full-colour, pre-printed replacement for the H2H Thought Time Sheets. Each is designed to be a sturdy, record of the subjects covered during the confirmation/youth ministry experience, as well as a journal.

Multiple Value, Multiple Uses

The H2H journals are a great way to provide full-colour lesson sheets to all of your young people, saving you trouble at the photocopier. The journals contain the same material as the standard Thought Time sheets, but do it with full colour, in a durable book that will keep the lessons at hand and organised for the entire confirmation year.

In addition to making church ministry easier, each journal chapter provides leaders/guides the opportunity to take teaching further by introducing a journalling option and yearbook opportunity for young people to record their thoughts and prayers during the year. Along with journalling, each chapter is enhanced with an online "FINKLink" code that allows for further exploration of each topic at church or at home, including games, extra devotions, and Bible Verse music.

A final benefit of each journal centres on the FAITH5 home component, which equips willing parents with the tools they need to engage in faith talk with their young people at home. Each chapter contains a brief narrative to get the parents updated on what was covered in confirmation, and provides easy, step-by-step instructions on how to spend just 10 minutes a day talking faith, life, and the Bible with their child. *Head to the Heart* journals provide an effective "how to" guide for parents' dual quest to be faith mentors for their children and to keep lines of communication open during this often turbulent time in their children's lives.

What's In These Things?

Each journal contains thirty (10) thematic lessons that parallel H2H confirmation. Every chapter (theme /lesson) contains ten pages, including:

- Beautiful thematic cover art by award winning artist, Dr. He Qi
- A Bible verse of the week
- A short devotion on the topic
- *Bible Time* for pointing small groups or families to the Bible
- *Catechism Encounter™* (Luther lessons) that gets everyone in to their Small Catechisms
- *Questions to Ponder™* that help guide discussion on the topic
- Small Group sharing options including *Highs & Lows™*, prayers, and blessings
- A *FAITH5* Journal providing two weeks of home devotions and journaling opportunities for parents and kids
- The famous *FINKmania QuizBowl™* for an instructional yet light hearted series of questions on the topic
- *Terms of the Week* to teach new terms and concepts
- Full colour cartoons that take a humorous look at each topic

In addition, contained within the pages of each chapter (lesson) are four *FINKlinks™*, simple codes that open up new features within www.faithink.com.au that directly relate to that lesson.

Among these fun new web-features:

- Listen to and/or download Faith Inkubators music
- Play the famous *FINKmania QuizBowl™* on-line

Lesson Themes by Book

Each *Head to the Heart* Home Journal parallels the standard *Head to the Heart* theme list, offering a menu of Bible and Catechism subjects to choose from, as well as some practical life issue topics.

Journals Currently available:

Martin Luther & the Small Catechism

1. The Stormy Monk
2. The Protesting Professor
3. Trouble, Trouble, Trouble
4. Heretic's Trial
5. Luther: A Legacy
6. Ten Commandments Overview
7. The Lord's Prayer Overview
8. The Apostles' Creed Overview
9. The Sacrament of Holy Baptism
10. The Sacrament of Holy Communion

Verse Reference

Luke 1:78-79
Romans 1:17, 3:22b-24
Haggai 2:4-5
Ephesians 2:8
Isaiah 40:8
Psalm 119:11
Matthew 6:9-13
2Corinthians 13:11b, 12a, 13
Titus 3:4-7
1Corinthians 11:26

The Apostles' Creed

1. God the Creator
2. God the Provider
3. God the Preserver
4. Jesus the Saviour

Verse Reference

Isaiah 40:28a, 30-31
Colossians 1:16-17
Nahum 1:7-8
John 3:16

5. Jesus the Redeemer
6. Jesus the Lord
7. The Holy Spirit
8. The Church and the Saints
9. The Forgiveness of Sins
10. Resurrection and Eternal Life

Colossians 1:13-14
 Joel 2:28, 29, 32a
 1 Corinthians 12:4
 Romans 12:4-5
 1 John 1:8-9
 Romans 14:8, 1Corinthians 15:51-52

Lutheran Life

1. Baptism: One Lord, Faith, Baptism
2. Baptism: Newness of Life
3. Communion: Passover to Last Supper
4. Communion: Taste and See
5. Lutheran Worship: Gathering
6. Lutheran Worship: The Word
7. Lutheran Worship: Meal and Sending
8. Confessing My Faith
9. Confirming My Convictions
10. Claiming My Calling

Verse Reference

Ephesians 4:4-6
 Romans 6:4
 Psalm 34:1-8
 1Corinthians 10:16-17
 Habakkuk 2:20
 Isaiah 55:10-11
 Numbers 6:24-26
 Romans 10:8a, 9, 11
 Psalm 61:1-5, 8
 Esther 4:14c, 8b

The Ten Commandments

1. Gods and Idols
2. Name in Vain
3. The Sabbath
4. Honouring Parents
5. Killing
6. Adultery
7. Stealing
8. False Witness
9. Coveting
10. Ten Commandments Review

Verse Reference

Exodus 20:2-4
 Exodus 20:7
 Exodus 20:8
 Exodus 20:12
 Exodus 20:13
 Exodus 20:14
 Exodus 20:15
 Exodus 20:16
 Exodus 20:17
 Psalm 22:27, 29-31

Hot Topics

1. Sex and Love
2. Drugs: Your Body is a Temple
3. Fast Cars and Other Risky Business
4. Media and Materialism
5. God and Science
6. War and Peace
7. Suicide
8. Stewardship of Time
9. Stewardship of Talents
10. Stewardship of Treasure

Verse Reference

1 Corinthians 13:4-8a, 13
 1 Corinthians 6:19-20
 Genesis 3:8-9
 Isaiah 55:1-3a
 Job 11:7-12
 Romans 5:12
 Psalm 42:1, 5-6a
 Mark 12:28-30
 Matthew 5:3-10, 13a, 14, 16
 Malachi 3:10

Future Journal Titles and Themes will include:

The Lord's Prayer

1. Our Father
2. Hallowed

Verse Reference

Matthew 6:9a
 Matthew 6:9b

3. Kingdom Come
4. Will Be Done
5. Daily Bread
6. Forgive Us
7. Time of Trial
8. Deliver Us from Evil
9. The Doxology
10. Lord's Prayer Review

Matthew 6:10a
 Matthew 6:10b
 Matthew 6:11
 Matthew 6:12
 Matthew 6:13a
 Matthew 6:13b

Matthew 6:9b-13

The Old Testament

1. Old Testament Overview
2. Creation
3. The Fall
4. People of the Promise
5. The Promise Continues
6. Moses and the Wanderings
7. Of Tents and Kings
8. The Psalms
9. Wisdom Literature
10. Voice of the Prophets

Verse Reference

Psalm 25:4-7
 Psalm 8:1-6
 Genesis 3:1B, 3B, 4-5
 Genesis 12:3
 Genesis 32:24, 25a, 26-28
 Exodus 3:11, 12a, 13, 14b, 4:1, 10b, 12-13
 Joshua 1:9
 Psalm 103:1-5
 Proverbs 15:16, 16:3
 Amos 3:7-8, 4:13

The Life of Jesus

1. The Gospel Overview
2. The Birth of Jesus
3. Baptism and Wilderness
4. The Teachings of Jesus
5. The Miracles of Jesus
6. The Hard Sayings of Jesus
7. The Last Commandment
8. The Passion
9. The Resurrection
10. The Great Commission Matthew 28:19

Verse Reference

John 1:1-5, 10-12a, 14
 Matthew 1:20-23
 John 3:3
 John 4:13-14a, 15, 7:38b
 Luke 7:19, 22b
 John 14:6
 John 15:12-13
 John 3:17
 Mark 16:2-8

The New Testament

1. New Testament Overview
2. The Holy Spirit Comes
3. Peter and the Early Church
4. The Damascus Road
5. The Journeys of Paul
6. The Letters of Paul
7. The Letter to the Hebrews
8. The Universal Letters
9. The Revelation to John
10. The Bible and My Life

Verse Reference

Hebrews 1:1-5a
 Acts 1:8
 Acts 2:37-39a
 Acts 9:4-5
 Philippians 3:8-9, 13b-14
 2 Corinthians 5:17
 Hebrews 4:15-16
 1 Peter 2:24
 Revelation 1:10-11, 5b-7
 2 Timothy 3:16-17

How Exactly Will the *Head to the Heart* Home Journals Make Our Ministry Better?

Let's take an honest look:

1. *Head to the Heart* journals supplement your standard H2H ministry by offering a more robust, full-colour, and pre-printed tool to give to your Guides and young people. Using these books means you'll never have to fight with the photocopier again. The chapters are bright, bold, and engaging, and serve as a sturdy record of the subjects covered during the confirmation/youth ministry experience.
2. *Head to the Heart* journals connect your confirmation night activities with your youth's family faith journey every night of the week.
3. *Head to the Heart* journals provide parents with a convenient, non-threatening tool to use for doing the FAITH5, keeping the lines of communication open during this important period in the family's life.
4. *Head to the Heart* journals provide young people and families with a keepsake "growth" record of the confirmation/youth ministry experience that can be referred to later in life:
 - "What was my Low on this date?"
 - "Was it really as low as I thought it was at the time?"
 - "What was I praying for?"
 - "How did God answer my prayers?"
 - "How did God use me to further his work on earth?"
5. *Head to the Heart* journals provide key church budget-related benefits including:
 - No more Thought Time handout printing/photocopying
 - Part or all of the book resource cost may be moved from church budget to individual participants and their families. *In fact, to increase the family's level of commitment to the FAITH5, we highly recommend that you consider doing just this.*

***Head to the Heart* Home Journals Help Connect the Ministry to the Home**

It's difficult to make a Biblical case that someone other than a child's parents should be their primary faith mentors, teachers and role models. With the addition of the *Head to the Heart* Home Journals to the *Head to the Heart* ministry system, we combine our focus of high quality ministry at church with engaging, life-giving resources that equip parents for faith conversations at home. Church becomes the place that gets things started. *Head to the Heart* Home Journals help you connect the ministry to the home.